### February 2020 Secondary School Menu

<table>
<thead>
<tr>
<th>Monday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Patty, Potatoes &amp; Gravy w/Rice</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
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<tr>
<td>Beef Teriyaki Dippers w/Tomato Soup</td>
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<tr>
<td><strong>Wednesday</strong></td>
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<tr>
<td>Turkey Gravy, Mashed Potatoes w/Roll</td>
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<tr>
<td><strong>Thursday</strong></td>
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<tr>
<td>Chicken Nuggets, French Fries &amp; Breadsticks</td>
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<tr>
<td><strong>Friday</strong></td>
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<tr>
<td>Sweet &amp; Sour Meatballs w/Rice</td>
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**Salad Bar**

- Mixed Fruit
- Red Delicious Apple
- Banana
- Whole Orange
- Red Beans
- Baby Carrots
- Fresh Cauliflower
- Broccoli Florets
- Salad Mix

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At least half your tray should be fruits & veggies. We've reduced the sodium and fat in all our offerings. Make your lunchtime meal a school meal and make your school day healthier!

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This institution is an equal opportunity provider.

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Food and Nutrition Services
We're setting the table for student achievement!
February 2020

Secondary School Menu

Salad Bar

- Pears
- Red Delicious Apple
- Banana
- Whole Orange
- Red Beans
- Baby Carrots
- Fresh Cauliflower
- Broccoli Florets
- Salad Mix

Applesauce
- Red Delicious Apple
- Banana
- Whole Orange
- Green Beans
- Baby Carrots
- Fresh Cauliflower
- Broccoli Florets
- Salad Mix

Pineapple
- Red Delicious Apple
- Banana
- Whole Orange
- Salad Corn
- Baby Carrots
- Fresh Cauliflower
- Broccoli Florets
- Salad Mix

Sweet Peaches
- Vegetarian Beans
- Red Delicious Apple
- Banana
- Whole Orange
- Baby Carrots
- Fresh Cauliflower
- Broccoli Florets
- Salad Mix

Mixed Fruit
- Red Delicious Apple
- Whole Orange
- Chilled Peaches
- Baby Carrots
- French Cauliflower
- Broccoli Florets
- Salad Mix

At least half your tray should be fruits & veggies. We've reduced the sodium and fat in all our offerings. Make your lunchtime meal a school meal and make your school day healthier!

Take at least 3 of 5 food groups

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Secondary School Prices

<table>
<thead>
<tr>
<th>Meal Type</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Secondary</td>
<td>$3.75</td>
</tr>
</tbody>
</table>

Lunch Gallery meals include an entrée choice from Daily Fare, Burgers & More, La Casa Comida, or Piece A Pizza. Every entrée includes whole grains and complete proteins. All meals include an entrée option, our unlimited salad bar featuring healthy fresh fruits & vegetables daily, and a choice of whole white or non-fat chocolate milk for a complete meal. All meals made with whole grain rich ingredients!